

Mental health

Our mental health service is person-centred and trusted, focusing on moving with you as your mental health support needs change.

We aim for you to only tell your story once, to make engaging with our mental health service a seamless and supportive experience.

Our professional and experienced team provide a variety of counselling, psychology, mental health nursing and social and community care options.

Caring for community

As a community health organisation we are actively involved in improving the health of individuals and communities and promoting better health outcomes.

A core part of our work involves providing education programs, strengthening community action, creating supportive environments and improving personal skills.

Our work includes *Baby Makes 3*, Needle Syringe Programs (CHOPER), healthAbility Men's Shed and the healthAbility Repair Café - Whitehorse.

Our broad range of services are delivered in your home, in the community, via telehealth or at one of our locations.



For more information

Please contact us on 9430 9100 or visit healthability.org.au



Scan the QR code to access our website

Box Hill 43 Carrington Road, Box Hill VIC 3128

Eltham 917 Main Road, Eltham VIC 3095

Other service locations Boronia, Nunawading and Wellington Road, Box Hill

Phone (03) 9430 9100

Email contact@healthability.org.au

Website healthability.org.au



healthAbility respectfully acknowledges the Traditional Owners of the lands on which we operate, the Wurundjeri-Woiwurrung people of the Kulin Nation and their connections to the land, waterways and community. We pay our respect to their ancestors and Elders past, present and emerging and to the Aboriginal and Torres Strait Islander peoples who we engage with and deliver programs and services to every day. We are committed to inclusive communities.

All information in this brochure is correct at the time of publishing (December 2023).

OUR SERVICES AND SUPPORTS

Live your best life



Enjoying good health is more than being physically healthy or without disease. It is about your wellbeing as a whole person, within your family, work and social environments.

Our professional and supportive team work together with you to tailor our broad range of health and wellbeing services to your unique needs.

Everyone is welcome, regardless of age, ability or stage of life. As a National Disability Insurance Scheme (NDIS) service provider, My Aged Care (MAC) provider and Community Health organisation with the ability to process Medicare Benefits Schedule (MBS) and Private Health Insurance claims, we will help you navigate pathways to get the best care and support you need to live well.

By encouraging choice, confidence and control, we will empower you along your health journey.



Adults with disability

We support people with disability to achieve their goals and get the best possible value from their National Disability Insurance Scheme (NDIS) plan.

Our passionate and experienced team will put your individual needs at the centre of every decision to deliver a truly tailored experience.

Care for seniors

If you or a loved one need support living at home, we can help you navigate the My Aged Care (MAC) system, and manage your Home Care Package.

For some people, Service Connection, part of the care finder network, can coordinate the full spectrum of care needed. Our caring and experienced team work together with you and those important to you, to ensure you receive the care you need. We offer a broad range of trusted services and an intimate knowledge of resources in the local community. We can also adapt services as your needs change.

Supporting children, youth and families

We know how important it is to give your child the best start in life and support them as they grow. Our range of therapies, family support programs, mental health, and dental services support children and young people's development, confidence and wellbeing.

The children we see can range from infancy to adolescence and into early adulthood.



Dental care

Good oral health is important for good overall health and wellbeing.

Our services include general dentistry, children's dentistry, cosmetic, preventative and restorative treatments.

Our teams also provide dental outreach education programs in pre-schools and primary schools.

Offering private and publicly funded dental services ensures we can provide accessible care for everyone in our community.