

OUR SERVICES AND SUPPORTS

# Dental services



healthAbility

By your side  
[healthability.org.au](https://healthability.org.au)



# Leave with a confident smile

Good oral health is an important factor in maintaining overall health, so we offer friendly and accessible dental care to everyone in our community.

Our experienced team of dental professionals will provide your family with affordable, quality dental care. We are proud of the level of personalised service and quality dentistry that we provide to our clients.

# Friendly and accessible dental care

We offer the unique combination of private and publicly funded dental care to ensure we can care for the community's varying oral health needs.

Our range of dental services include:

- General dentistry
- Cosmetic dentistry
- Preventative dentistry
- Restorative dentistry
- Children's dentistry
- Little Chompers: dental outreach education program

## We speak your language

We understand that you may be apprehensive about visiting a dental clinic when your first language isn't English. We have bi-lingual dental professionals who speak Mandarin and Cantonese at our Box Hill clinic.

Ask us about arranging an interpreter for the language of your choice.





## Check-up and clean package

If you haven't visited a dental professional in a while and are due for a check-up, this is a great package to discover what condition your teeth and gums are in.

For \$180 the package\* includes:

- Dental exam
- Teeth cleaning
- X-rays
- Fluoride treatment
- A comprehensive oral treatment plan

*\*Does not apply to publicly funded dental services.*





## General dental

### Important oral health care

Healthy bodies need healthy teeth and gums, so we offer a broad range of general dental and emergency care to everyone in the community.

Our trusted general dental services include:

- Examinations
- Scale and clean
- Extractions
- Fillings
- X-rays
- Surgical removal of wisdom teeth
- Referrals to specialists

## Cosmetic dental

### Creating a happier smile

Cosmetic dentistry is dental work that improves the appearance of teeth, gums and/or bite. Our qualified dental professionals will focus on the improvement in dental aesthetics including; colour, position, shape, size, alignment and overall smile appearance.

We offer a range of cosmetic dental services including:

- Teeth whitening
- Veneers





## Preventative dental

### Keep your beautiful smile

Seeing a dental professional regularly and taking proper care of your teeth is the best way to maintain good oral health and detect early any future problems.

We offer a range of preventative dental care services including:

- Fissure sealants
- Mouth guards
- Scale and clean

## Restorative dental

### Get your mouth back to full health

Restorative dentistry involves the diagnosis, prevention and treatment of common oral diseases such as decayed, chipped, cracked, discoloured teeth or even missing teeth.

We offer a range of restorative dental services including:

- Fillings
- Root canals
- Bridges
- Crowns
- Dentures



## Children's dental

### Developing good oral health habits

Helping children develop healthy habits to care for teeth while they are young is important. These habits can set the stage for good oral health care throughout their entire life.

### Child Dental Benefits Schedule (CDBS)

Eligible dental services include:

- Examinations
- X-rays
- Cleaning
- Fissure Sealing
- Fillings
- Root Canal Therapy
- Extractions
- Partial Dentures
- Professional and dietary advice
- Providing tooth mousse and other dental products
- Specialist referrals

#### **Did you know that we are a Child Dental Benefits Schedule (CDBS) registered provider?**

The CDBS provides eligible children between the ages of 0-17, access to over \$1,000 in benefits per child for dental services over two consecutive calendar years.

Specialist services such as orthodontic or cosmetic dental and services provided in a hospital are not covered.

You do not need to register for the Child Dental Benefits Schedule. Eligible families and teenagers will get a letter from the Australian Government.





## Children's check ups

Regular dental check-ups for children from two years of age are important to develop good dental health habits and prevent future dental problems. In fact, we encourage our youngest clients, to become familiar with the dental setting from as early as their first tooth erupting in the mouth. These examinations are done using a knee-to-knee approach, so they are close to you and comfortable the whole time.

These check-ups will:

- Enable children to become familiar with the dental setting, dental professionals and chair
- Support early detection of tooth decay or any dental conditions
- Allow dental professionals to give advice on diet habits and good brushing techniques





## Little Chompers

### A dental outreach education program

Little Chompers is an education and screening program that is designed to teach children about healthy food choices and the importance of oral health.

Our friendly and experienced dental and oral health therapists visit local kindergartens, early childhood centres and schools to provide dental checks for children.

During the visit children will learn about oral health and healthy eating habits including:

- What to expect from a visit to a dental professional
- What is tooth decay
- The correct technique for brushing teeth
- The importance of regular dental check ups
- Making healthy food and drink choices

All dental checks are voluntary, and all participating children require parent/guardian consent. All participating children will receive some take home information for parents and a gift pack to reinforce the messages communicated with their children during our visit.



## Our dental fees

### Everyone is welcome to use our dental service

We understand the cost of dental fees can sometimes prevent or deter people from maintaining a good oral health. For that reason, we want you to know that we will be transparent with our fees.

Everyone can visit and use our dental service, we offer the unique combination of private and publicly funded dental care.

For more information on our dental fees, please visit our website **[healthability.org.au](https://healthability.org.au)** or scan this QR code



## Opening hours

We have two dental clinics that offer a wide range of services to assist every dental need:

### Box Hill

Level 2/43 Carrington Road,  
Box Hill VIC 3128

- Monday to Friday  
8.30am to 5.00pm

### Eltham

917 Main Road,  
Eltham VIC 3095

- Monday  
9.00am to 9.00pm
- Tuesday, Wednesday,  
Thursday and Friday  
9.00am to 5.00pm
- Saturday  
9.00am to 1.00pm

# About healthAbility

**Enjoying good health is more than being physically healthy or without disease. It is about your wellbeing as a whole person, within your family, work and social environments.**

Our professional and supportive team work together with you to tailor our broad range of health and wellbeing services to your unique needs.

Everyone is welcome, regardless of age, ability or stage of life. As a National Disability Insurance Scheme

(NDIS) service provider, My Aged Care (MAC) provider and Community Health organisation with the ability to process Medicare Benefits Schedule (MBS) and Private Health Insurance claims, we will help you navigate pathways to get the best care and support you need to live well.

By encouraging choice, confidence and control, we will empower you along your health journey. healthAbility is by your side, supporting you to live your best life.

## **Our health and wellbeing services**

We are by your side as our broad range of services are delivered in your home, in the community, via telehealth or at one of our centres.

### **Our services cover:**

- Home care packages
- Support coordination
- In home and community support
- Child, youth and family services
- Health therapies
- Mental health
- Dental
- Caring for community



## For more information

For more information, or to register your interest, please contact us on 9430 9100 or visit **healthability.org.au**

Open up the camera on your smart phone and scan the above QR code to access our website



We acknowledge the Wurundjeri people and other people of the Kulin nations on whose unceded lands our community takes place.

We are committed to inclusive communities.



**healthAbility**

By your side

**Box Hill** 43 Carrington Road, Box Hill VIC 3128

**Eltham** 917 Main Road, Eltham VIC 3095

### Other service locations

Boronia, Nunawading and Wellington Road, Box Hill

**Phone** (03) 9430 9100 | **Email** [contact@healthability.org.au](mailto:contact@healthability.org.au)

**Website** [healthability.org.au](https://healthability.org.au)



*All information in this brochure correct at time of publishing (2022).  
Some photography was taken prior to the COVID-19 pandemic.*