

# Tech Together Sessions

Welcome to healthAbility! We acknowledge that in-person care will continue to be important for many areas of healthcare. But, most care can be complimented by Telehealth for check-ups, ongoing education, follow-up visits and groups.

## Are you interested in improving your confidence with technology?



The free session will provide paper resources and training on how to access our online services in a personal and friendly setting. We encourage you to bring your device (e.g. laptop/ iPad) with you, but we will have a limited number of devices available for practice.

### The session consists of:

- **introduction** – outlining session aims and information sharing
- **orientation time** – assistance from Tech Together staff, answering questions and assisting in email creation and walk through of our Telehealth access steps
- **troubleshooting and information recap** – testing email and our Telehealth log-in
- **information sharing** – paper resources to help at home and information about local technology support

### Dates and locations:

**10 October 2022, 10:30am – 12.00pm**  
healthAbility Eltham, 917 Main Road,  
Eltham VIC 3095

**17 October 2022, 10:30am – 12.00pm**  
healthAbility Box Hill, 43 Carrington  
Road, Box Hill, VIC 3128

**Cost:** Free

### How to register:

If you wish to attend one of our Tech Together sessions, use the QR code (on the right) or [this link](#) to express your interest, or call **(03) 9430 9100** and a member of our friendly reception team will be happy to help. We look forward to hearing from you.

