

Baby Makes 3

Facilitator Training Calendar 2026

What is Baby Makes 3?

Baby Makes 3 (BM3) is an evidence-based, award-winning education and social change initiative that shapes long-term attitudes and social norms. It challenges rigid gendered expectations in parenting, and builds equal and respectful relationships in families.

The aim of this training:

The aim of the Baby Makes 3 Facilitator Training Program is to provide the knowledge, skills and resources to enable practitioners to effectively co facilitate and deliver the Baby Makes 3 Group Program to new parents.

NOTE: Completion of the three-day training program and successfully passing the assessments is a prerequisite for becoming a Baby Makes 3 facilitator.

Cost:

Cost is \$850 for Victorian participants and \$990 for interstate participants. However, cost can be negotiated if organisations wish to register more than 10 participants.

To book into a three-day training, please contact: babymakes3@healthability.org.au or call 03 8843 2236.

Baby Makes 3 Facilitator Training 1: (Online)		
Day 1: Introduction and Overview	Monday 9 February	9.00am – 4.30pm
Day 2: The program unpacked	Monday 16 February	
Day 3: Baby Makes 3 practice session	Monday 2 March	
Baby Makes 3 Facilitator Training 2: (Online)		
Day 1: Introduction and Overview	Tuesday 28 April	9.00am – 4.30pm
Day 2: The program unpacked	Tuesday 5 May	
Day 3: Baby Makes 3 practice session	Tuesday 19 May	
Baby Makes 3 Facilitator Training 3: (Online)		
Day 1: Introduction and Overview	Monday 20 July	9.00am – 4.30pm
Day 2: The program unpacked	Monday 27 July	
Day 3: Baby Makes 3 practice session	Monday 10 August	
Baby Makes 3 Facilitator Training 4: (Online)		
Day 1: Introduction and Overview	Tuesday 20 October	9.00am – 4.30pm
Day 2: The program unpacked	Tuesday 27 October	
Day 3: Baby Makes 3 practice session	Tuesday 10 November	